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MAGAZINE GROUP

The Hampden Hippocrat

A Bulletin for the Hampden District of the Massachusetts Medical Society

OLUME XVII JUNE, 1961 NO. 6

Hampden District Medical Society

1414 STATE STREET — SPRINGFIELD, MASS.
Telephone: REpublic 6-0661

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John J. Bandeian, M. D.	1964	John W. Turner, M. D.

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To Committee on Tax-Supported Medical Care . . Harry L. Roberts, M. D.

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Medical Advisory . . . . . Noah N. Feldman, M. D.
Woman's Auxiliary . . . . . Aldo Leani, M. D.
Emergency Medical Service . . . . . Peter Zarecki, M. D.
Health and Accident Insurance . . . . . Lawrence V. Seldin, M. D.
Mental Health . . . . . Olive A. Cooper, M. D.
Rehabilitation . . . . . Edward J. Ferrarone, M. D.
New Headquarters . . . . . Howard B. Brown, M. D.
Disaster Medical Care . . . . . George A. Vassos, M. D.
Medico-Religious . . . . . Leroy J. Kendrew, M. D.
Representatives on Community Council
Jerome A. Whitney, M. D. and Alfonso A. Palermo, M. D.

The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult."
Hippocrates

Founded in 1942 by Drs. Edward P. Bagg and William A. R. Chapin, and published monthly except July and August.

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THE HAMPDEN HIPPOCRAT, JUNE, 1961

SELF GOVERNMENT OR ABDICATION

A MESSAGE TO HAMPDEN

from

DAVID W. WALLWORK, M. D., President

Massachusetts Medical Society

It seems entirely appropriate that one of the early official acts of the incoming President of the Massachusetts Medical Society should be to greet the fellows of Hampden District Medical Society in the pages of their own publication. I have seen ample evidence that Hampden is a District with the capacity to make its views known and its influence felt. This is as it should be and my message now is simply a plea for more of the same.

Recently, the medical profession has encountered rough sledding in the public relations and political arenas. Annoyed by this, not a few of us have been critical of the A. M. A. and have wailed bitterly about what it has done, how it has done it, what it has not done. The critic ignores completely the fact that he, you, and I *are* the A. M. A. and that he is damning us all.

Frankly, this wailing often makes my hackles rise. Too frequently the

wailing wall only echoes the critic's obvious lack of knowledge of the A. M. A., an inexcusable lack of familiarity with the problem at issue, or a sadly provincial point of view. Shunning every effort of the A. M. A. to make him an informed physician-citizen and unwilling or "too busy" to take an active role in the medico-political scene, this same critic too often wants us to pass a resolution and make an appropriation to pay "George" to do what only we ourselves can do effectively. This may salve our collective conscience, but it's buck passing, abdication and quitting!

The inevitable excuse is lack of time. We forget that the official family of the A. M. A. - the President, the Speaker, the Trustees, the Council members, the Delegates - are successful practitioners who *have taken time* and *have dedicated that time* to serving us to the very best of their ability. However, they have not acquired by virtue of their offices peculiarly fertile brains or divinely inspired guidance systems that solve all problems, accomplish all missions. These men need and cry out for our ideas and our support. Just so far as they fail to get these, just so far does the A. M. A. fall short of its potential and just to that extent are we ourselves to blame.

President Eliot of Harvard University is reported to have said that fifteen minutes a day with the Harvard Classics would make the reader an educated man. Similarly, fifteen minutes a day reading at least a fraction of what the A. M. A. makes readily available to us, writing each day to just one elected public official or editor to encourage support of our informed opinions, speaking to one small lay group to elicit its support of our aims, would make each of us an effective unit. The collective impact can be terrific! Self government implies just exactly that type of effort. If and when we fail to make that effort, we have no cause to complain when those to whom we relegate these duties fail to combat successfully legislation and controls that make our hair curl.

We, as informed physicians, must attend the clinical and annual meetings of the A. M. A., watch the House of Delegates in action, tell the reference committees what we know, what we want, what we feel, if we are to help the A. M. A. become the effective organization that we need. Unless we are willing to do these things, venting our spleen on the A. M. A. in public is nothing more than self-defamation, does nothing but discourage and dishearten the team's wheelhorses. To be a vituperative critic requires nothing but callous wit. To pull your weight in harness takes wit and work. Before scourging with the whip, let's ask "What have *we* done?".

> "One trouble with the world is that so many people who stand up vigorously for their rights fall down miserably on their duties."—Grit.

End

President's Page

WE OPPOSE THE K-A BILL

This will be an important year for the future of medicine.

It is expected by some that the King-Anderson bill will become law in this session of Congress.

In principle this bill is the same (and therefore just as objectionable) as the late Forand bill.

It is not enough that we realize that voluntary medical care is medicine at its best.

Your patients are satisfied with things as they are.

Of course, we all would like to get the best for less, and that is just what some politicians say they are offering.

We, as physicians, will not be thanked if we allow our patients to lose out without a warning from us.

If some of our members are hazy on the subject we can hardly blame our patients if they are uninformed.

Your officers and committees will assist you in every way, but your energetic cooperation on behalf of your patients will be the deciding factor.

Politicians do have great respect for the letters of their constituents.

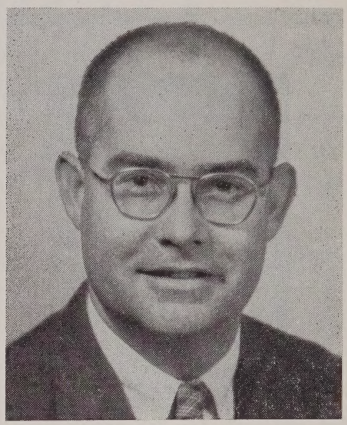
They also fear the respect your patients have for your judgment on medical matters affecting their health. For this reason they have refused to accept the doctors' challenge of a television debate.

You are the one man best able to advise them as to how they should demand their congressmen to vote on this dangerous legislative bill. (For Senators and Congressmen see page 16).

Requests for further information may be directed to the office of the Massachusetts Medical Society Hampden District, 1414 State Street, Springfield. Telephone RE 6-0661.

Jerome A. Whitney, M. D.

WELCOME NEW MEMBERS



THEODORE R. CLARK, M. D.
Born: Boston, Mass., September 6, 1926

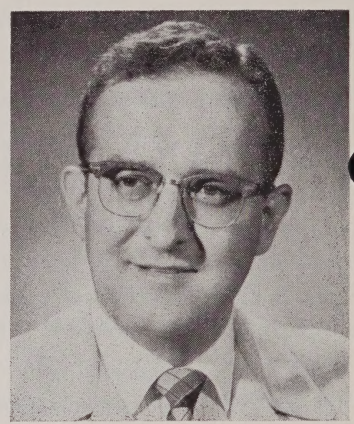
Office: 83 Maple St., Springfield

Medical School:
Harvard Medical School, 1951

Internship:
Mary Hitchcock Hospital, Hanover, N. H.
1951 - 1952

Residencies:
Veterans Administration Hospital
Boston, Mass., 1952 - 1955 - Psychiatry
Mass. Mental Health Center
Boston, Mass., 1955 - 1959 - Psychiatry

Specialty: Psychiatry



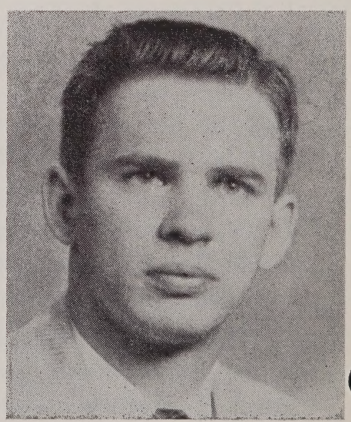
EDMUND J. DANOWSKI, M. D.
Born: Shenandoah, Pa., August 8, 1925

Office: 162 Suffolk St., Holyoke

Medical School:
Georgetown University, 1952

Internship:
Philadelphia Hospital, Philadelphia, Pa.
1952 - 1954
Pennsylvania Hospital
Philadelphia, Pa., 1954 - 1955 - Surgery
St. Vincent's Hospital, Worcester, Mass.
1955 - 1957 - Surgery
Veterans Administation Hospital
Upstate Medical Center, Syracuse, N. Y.
1957 - 1958 - Surgery

Specialty: Surgery



JOHN R. KISIEL, JR., M. D.
Born: Holyoke, Mass., February 3, 1934

Office: 57 Colony Rd., West Springfield

Medical School:
Tufts University, School of Medicine, 1959

Internship:
Maine Medical Center
Portland, Maine, 1959 - 1960

Chapter 5, Sec. 9 of By-Laws

"Attendance of at least fifty (50) per cent of the District meetings is mandatory during each of the first two years of membership in the District Society."

DALTON L. KINSELLA, JR., M. D.
Born: St. Louis, Mo., August 25, 1923

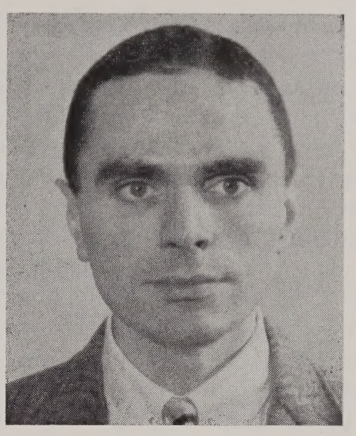
Office: Springfield Hospital, Springfield

Medical School:
St. Louis University of Medicine, 1947

Internship:
St. John's Hospital, St. Louis, Mo.
1947 - 1948

Residencies:
St. Mary's Group of Hospitals of St. Louis University, School of Medicine
St. Louis, Mo., 1948 - 1949 - Pathology
Veterans Administration Hospital
Jefferson Barracks, Mo., 1950 - 1951
Pathology
Jackson Memorial Hospital, Miami, Fla.
1954 1956 - Pathology
Memorial Center for Cancer and Allied Diseases, New York, N. Y., 1956 - 1959
Special Fellow, Cytology
Sloan - Kettering Institute for Cancer Research, New York, N. Y., 1957 - 1958
Research Assoc. & Fellow

Specialty: Pathology



FOR INDOCTRINATION DINNER-MEETING

SEE PAGE 14.

TRANSFERS TO HAMPDEN DISTRICT

Dr. Robert Allen Sears, from Middlesex South 12/27/60

Dr. Kenneth W. Sinish, from Middlesex East 5/26/60

Dr. Jay I. Slosberg, from Norfolk 5/31/61

Dr. Haig Bozigian, from Middlesex South 5/11/60

COMING EVENTS

AMERICAN COLLEGE OF CHEST PHYSICIANS, JUNE 22 - 26, NEW YORK CITY

AMERICAN DIABETES ASSOCIATION, JUNE 24 - 25, NEW YORK CITY

AMERICAN MEDICAL ASSOCIATION, JUNE 26 - 30, NEW YORK CITY

AMERICAN ACADEMY OF PEDIATRICS, OCTOBER 2 - 5, CHICAGO, ILL.

AMERICAN HEART ASSOCIATION, OCTOBER 20 - 22, BAL HARBOUR, FLA.

AMERICAN COLLEGE OF SURGEONS, OCTOBER 1 - 6, CHICAGO, ILL.

THE ACADEMY OF PSYCHOMATIC MEDICINE, OCTOBER 12 - 14, BALTIMORE, MARYLAND

WERE YOU THERE?

Confirmation of a disturbing fact was brought to light in the College Bowl quiz contest on T-V May 14th, last, when an alert team representing Johns Hopkins University scored an overwhelming victory. On further questioning *none* of these top scholars plan to take up medicine as a career. True, there were only four individuals concerned, but heretofore there would have been at least one prospective doctor in similar group.

The tasks of medical school deans in regard to filling yearly quotas might be eased except for the fact that our best scholars seem to have turned to fields less difficult of admission in spite of recent relaxation of academic standards. The prospect of leaner returns for longer preparation may have turned the trend away from the choice of medical careers that would come under more and more governmental direction, and limitations of private endeavor.

With the steady increase in population, more physicians obviously will be needed, but with even more spectacular advances in surgery, therapeutics and physiochemistry in the offing, to say nothing of electronics and psychoneurology, top students should not only be available in each graduating class, but should be encouraged by scholarships to seek medical training and research.

Somehow compulsion from any extraneous source, and inflationary increases in costs must be thwarted, or better, replaced by a renwal of the missionary spirit for the betterment of care and treatment. No matter how much more efficiently we dress the wound today, it is well to remember that God still does the healing, and broken bodies will need ever more mending in this automotive Atomic Age.

"But", you ask, "what as an individual can I do about it?" The immediate thing to do, in answer, is to wake up and learn the facts of medical life. For instance, seek out the pregnant advice of William Allen Richardson in your Medical Economics of March 27, 1961, page 165 *et seq.*, who thinks that something definite can be done before we all are swept away to a new frontier "like dogs" in the rising tide of socialistic new dealing which as you must recall, initiated the inflationary debacle. Read him, and COUNT THE COSTS!

E.P.B.

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M.M.S. ELECTS

The following members of the Massachusetts Medical Society were elected for the offices stated at the Annual Meeting of the Council on February 1, 1961.

President-elect, Urban H. Eversole, Norfolk

Vice-president, Joseph A. Lundy, Worcester

Treasurer, Eliot Hubbard, Jr., Middlesex South

Assistant Treasurer, Norman A. Welch, Norfolk

Orator, Joseph M. Hayman, Jr., Suffolk

The following members were elected to represent the Society:

Delegates to the A.M A., January 1, 1962 through December 31, 1963—

Carl Bearse, Norfolk
Henry F. Howe, Norfolk South
Norman A. Welch, Norfolk

Alternate Delegates to the A.M.A., January 1, 1962 through December 31, 1963

John B. Butts, Worcester
Donald R. Hayes, Hampden
David W. Wallwork, Essex North

(President-elect Dr. David W. Wallwork assumed the Presidency during the course of the Annual Meeting.)

COMPLIMENTS

Ernest A. Byron

SPRINGFIELD

Nagle Pharmacy

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RE 2-8906

Albert Kohn, *Reg. Pharmacist*

TWO ARE HONORED

Two of our members were among 29 in the state who, on May 23 received gold badges for 50 years of membership in the Massachusetts Medical Society. The presentation, during the Society's 180th anniversary banquet in Boston, was made by Dr. Carl Bearse, Society president, to Dr. John E. Dwyer of Springfield and Dr. George B. Corcoran, Sr. of West Springfield.

HAMPDENITES ELECTED

The following members of our District Society were elected by the Massachusetts Medical Society to serve on Committees or Boards during the coming year:

Arthur F. G. Edgelow
Committee on Maternal and Perinatal Welfare

Donald R. Hayes
Alternate delegate to the A.M.A.

Allen S. Johnson
Public Health and Problems Relating to Individual Diseases

William Kaufmann
Supervisory Committee on Blood Banks

Max Millman
Disaster Medical Care Committee

Nelson Newmark
Committee on Maternal and Perinatal Welfare

Robert D. O'Malley
Arrangements Committee

Thomas F. Reilly
Membership Committee

Jerome A. Whitney
Mental Health

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supply: TINDAL Tablets, 20 mg., bottles of 100 and 1000.

references: (1) Hirshleifer, I.: Adjunctive therapy in cardiacs, presented at the Spring Scientific Symposium, Connecticut Acad. Gen. Pract., Hartford, Conn., March 16, 1961. (2) Frohman, I. P.: The Alleviation of Stress in the Elderly Cardiac Patient, **ibid.** (3) Kent, E. A.: Management of the Hyperactive Geriatric Patient, **ibid.**

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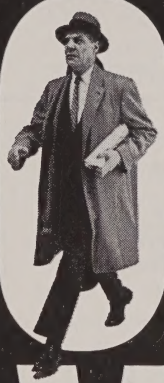
FOR YOUR CARDIOVASCULAR PATIENT...WHEN YOU HAVE TO SAY

SLOW DOWN



HIGH SCHOOL SCIENCE FAIR

The following is a list of high schools that participated in the Science Fairs this year. There were four or five other schools that did not participate in the Science Fairs this year.

In addition, we intend to make an award to the Medical Assistants at the Trade High School on the basis of proficiency in scholarship and professional aptitude. This is the first year that the District Society has made such an award.

It is the opinion of the Committee that this endeavor should end with this year's awards.

Again I wish to thank not only all of the members of the Society who participated in these Science Fairs but also all of the members of the Society who cooperated in the affairs of the Public Relations Committee throughout the past five years.

Joseph M. Baker, M. D.
Chairman,
Public Relations Committee

CHICOPEE HIGH SCHOOL
(awards made by Dr. Edward I. Kraus)

1st prize	2nd prize
Robert Tetreault	Janet Drozek
Exhibit: Taxonomy of Bacteria	Exhibit: Growth of Bacteria

CLASSICAL HIGH SCHOOL
(awards made by Dr. Joseph M. Baker)

1st prize	2nd prize
Pierce Hayward	David H. Howe
Exhibit: The Effect of Hormones	Exhibit: The Indestructible Hydra

HOLYOKE HIGH SCHOOL
(awards made by Dr. Richard J. Maher)

1st prize	2nd prize
Charles Wish	Gloria Michalski
Exhibit: Nutritional Experiment with White Mice	Exhibit: Parts of a Flower

PALMER HIGH SCHOOL
(awards made by Dr. Joseph E. Slowick)

1st prize	2nd prize
Edmund Lucas and David McLaughlin	Robert Langer and Roger Sibley
Exhibit: Are Bacteria Present in Frozen Foods?	Exhibit: Defects of the Human Eye

SACRED HEART HIGH SCHOOL—HOLYOKE
(awards made by Dr. Richard J. Maher)

1st prize	2nd prize
John Griffin	Edward J. Doherty
Exhibit: Relay Computor	Exhibit: Methods of Spectral Analysis

SACRED HEART HIGH SCHOOL—SPRINGFIELD
(awards made by Dr. Carlo Q. Montori)

1st prize	2nd prize
Christine O'Brien	Elizabeth Bullman
Exhibit: Amino Acids-Food for the Future	Exhibit: It's Up to You (The Ear & Hearing Loss)

ST. JEROME'S HIGH SCHOOL—HOLYOKE
(awards made by Dr. Richard J. Maher)

1st prize

Theodore Szczygiel and Mary Jane McCarthy
Exhibit: Correction of Ametropic Eye

TECHNICAL HIGH SCHOOL
(awards made by Dr. Thomas F. Reilly)

1st prize	2nd prize
Libby Yesikenis	Michael Cooley
Exhibit: Tranquilizer Effects on Mice	Exhibit The Human Ear

WARE HIGH SCHOOL
(awards made by Dr. Ralph T. Miller)

1st prize	2nd prize
Louise Starzyk and Irene Wojnicki Exhibit: Regulation of Diet	Suzan Rybak Exhibit: Anerobic Cultures

WEST SPRINGFIELD HIGH SCHOOL
(awards made by Dr. Charles A. Diamond)

1st prize	2nd prize
Christian Petersen Exhibit: The Effects of Phosphorous in Rats	John Marti Exhibit: Zone Electrophoresis of Human Blood Serum

PRECIOUS BLOOD HIGH SCHOOL—HOLYOKE
(awards made by Dr. Richard J. Maher)

1st prize	2nd prize
Marie Rival Exhibit: Physiology of the Human Voice	Dennis La Chapelle Exhibit: Memory Track of a Hamster

SPRINGFIELD SCIENCE FAIR
(award made by Dr. Allen S. Johnson)

Roy Cannon of Technical High School
Exhibit: Determining the pH Effect of Cholesterol Genesis

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West Springfield, Mass.
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EXECUTIVE COMMITTEE MEETING

The May 16, 1961 meeting of the Executive Committee was called to order in the new headquarters at 5:45 P.M. by President Palermo. Present were Drs. Whitney, Miller, Kennedy, Brown, Mills, Corcoran, Bandeian, and Smith.

The major portion of the meeting was taken up by lengthy discussions relative to running the new office and how to stimulate more interest and better attendance as well as duration of attendance at the district meetings. It was thought the meetings might be shortened by handling more of the business through the various committees. The work of the Public Relations Committee was also discussed.

Frequently the secretary receives requests for information relative to training and qualifications of various physicians by patients. A motion was passed to appoint a Classification Committee to follow the system of the Medical Society of the District of Columbia as a model to classify physicians according to their qualifications and interests.

The meeting was adjourned at 7:15 P.M.

Respectfully submitted,
Ray T. Smith, M. D.,
Secretary

Compliments
Edward F. O'Donnell FUNERAL HOME
Springfield

Anything on your mind? Share it with the Hippocrat.

WOMAN'S AUXILIARY COMMITTEE
April 25, 1961

It is with great pleasure that your committee reports that your wives, under the guidance of Mrs. Baker, have done an excellent job during the past year.

They have had three general membership meetings and at the first, Congressman Conti discussed "Medical Care for the Aged". During the second, Dr. Calvert Stein spoke on the "Hidden Springs of Human Action". The third guest speaker was Mr. DeSanti whose subject was "How Wine Flavors Food".

A successful Christmas party was held at the Shaker Farms Country Club and a number of doctors attended.

Doctors'-Day Celebration was well conducted. They honored nine active doctor who had practiced fifty years or longer in the county. Excellent editorials were published in our papers.

They have contributed to the A. M. E. F. a total of $168.00.

The White Cap Ball was a delightful success and they reported a net profit of $2,038.50 which is designated for scholarships.

The Auxiliary has kept active in legislative matter by contacting our representatives in reference to medical bills and the like.

Health Career Week was sponsored on April 17.

Ten new members were admitted to the Auxiliary.

Again your committee thank Mrs. Rose Baker and her committees.

Aldo J. Leani, M. D.
Chairman

MRS. BAKER APPRECIATES

Mrs. Harry A. Baker, Holyoke, retiring president of the Auxiliary, expressed recently her gratitude for the cooperation she received from the Society and the Hippocrat during her tenure of office.

Editor

YOURS FOR THE ASKING

The following pamphlets are available in the office of the District Society, 1414 State Street:

"Medical Aid for the Aged"

"Helping Those Who Need Help"

Both are publications of the A.M.A.

Call REpublic 6-0661 and we will be glad to mail you a liberal supply.

V. M. Purdy, Sec.

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VISIT YOUR NEW HEADQUARTERS

President Whitney and Mrs. V. Purdy, secretary, seated at desk at headquarters of Hampden District Medical Society.

Photo by Dr. H. G. Ring

You will be interested to know that the new headquarters for the Hampden District Society are complete and have been occupied by our new secretary, Mrs. Vivian Purdy, since May 8. We have one large and two smaller rooms in the rear of the Municipal Hospital adjacent to, and entered by going through the main doors of, the old City Hospital at 1414 State Street.

It is suggested that you call, when in the vicinity, in order to look around and become acquainted with Mrs. Purdy. While you will find the furnishings sparse, the interior is pleasant and should lend itself to our future needs. The new telephone number, Republic 6-0661, is listed under Massachusetts Medical Society, Hampden District.

It is felt that the Society has now a central location for its records and activities. In addition, we shall have weekday 'phone coverage during working hours. This will be a source of great assistance to the Society officers and committee chairmen. Prompt payment of dues will be helpful as the construction and furnishing costs are included in the assessments voted at our April meeting.

Howard Brown, M. D.,
Chairman
New Headquarters Committee

WANTED

One conference table for Society Headquarters. Will accept as gift or pay for it, if necessary.

Thank you.

INDOCTRINATION DINNER-MEETING

L. to r. seated: Drs. Baker, Whitney, Mrs. Purdy (secretary), Drs. Palermo, Millman, Smith, Zarecki, Bandeian. Standing: Drs. Clark, Fitzpatrick, Kisiel, Long, Danowski, Miller and Johnson.

The annual indoctrination dinner-meeting was held at Storrowton on Monday, June 5, 1961, under the chairmanship of Dr. Joseph M. Baker, retiring chairman of the Public Relations Committee.

The following new members were present: Drs. Theodore R. Clark, Edmund J. Danowski, James G. Fitzpatrick, John R. Kisiel, Jr., and William A. Long.

President Whitney after welcoming the new members in behalf of the Society described the organization and function of Council. He urged all to attend meetings and to otherwise participate in Society affairs.

Executive Counciler Dr. Allan Johnson then spoke on ethics and discipline. Problems are of three types: (1) Between physician and patient; (2) between M. D. and M. D.; and (3) between physician and the public. "Ethics" is often more a question of "Etiquette" rather than anything else.

The next speaker was Dr. J. J. Bandeian, Chairman, Malpractice and Medico-Legal Affairs Committee. He suggested the type of malpractice insurance to carry, and also what to do when threatened with lawsuits.

Dr. Peter Zarecki, Chairman, Emergency Service Committee, described the functioning of the District Society's emergency medical service. Emergency calls have dropped from 5,000 several years ago to 1,000 at the present time primarily because of pub-

ic education.

The purpose and function of the Hampden Hippocrat were described by its editor, Dr. Max Millman. Our bulletin, he stated, serves not only as an instrument of information but also as a sounding board for the entire membership.

Secretary Smith then called attention to the state and District By-laws, and emphasized that a minimum of 50% meeting attendance is required during the first two years of membership.

Dr. Palermo, the new chairman of the Public Relations Committee, extended his own welcome to the new members. The most interesting part of the meeting, without doubt, was the question and answer period which followed.

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FLUORIDATION REPORT

The following is a brief report on behalf of myself and Doctor Eugene G. Boss, Jr. concerning the activities of the Common Council Study Committee on Fluoridation. This report is for the information of the Hampden District Medical Society.

Your two representatives met with the other members of the 15-man committee, which incidentally contained two other members of the Hampden District Medical Society, Doctor Howard Simpson and Doctor Howard Brown, as representatives of the Springfield-Monarch and Massachusetts Mutual Life Insurance Companies respectively. A series of meetings was held at fortnightly intervals. The subject of fluoridation was gone into rather exhaustively from many facets. The dental representatives brought in a subcommittee report concerning the benefits of fluoridation. Your medical representatives brought in a subcommittee report concerning the safety of such a fluoridation program. The entire 15-man committee, as a result of discussion and a series of subcommittee reports, has gone on record unanimously as recommending to the City Council that the water supply of the City of Springfield be ultimately fluoridated.

For your information, I enclose a carbon copy of the subcommittee report submitted by Doctor Boss and myself, which is incorporated in the full report*. If desired, the full report can be obtained from the chairman, Councilman James Grimaldi, or the secretary, Doctor John C. Ayres.

William M. Davis, M. D.

* Available in office of District Society.

COMMITTEE CHAIRMEN

Committee Chairmen are again reminded that an early preliminary meeting seems very desirable.

I understand some are presently scheduled.

This will permit assignment of special duties to individual members and to establish goals of the Committee for the year.

You may forward this information to Secretary, Massachusetts Medical Society Hampden District, 1414 State Street, Springfield, Mass. so the Executive Committee may coordinate activities at its next meeting.

Submission of Committee reports to the Executive Committee one month before scheduled society meetings is expected to provide additional deliberation and efficiency to these meetings.

J. A. Whitney, M. D., Pres.

OUR NEW NAME

More than a word of praise and thanks is due our retiring Treasurer, Howard Brown.

One of his final acts was to nominate our Society officially as the *Massachusetts Medical Society Hampden District,* and it is so listed in the telephone directory.

On hearing of it, the headquarters in Boston not only approved, but is suggesting a similar change to all other District Societies.

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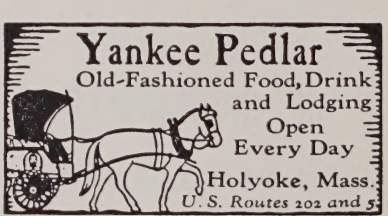

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HYPERTENSION

More than 6 million Americans have high blood pressure. Of these, some 900,000 have both hypertension and a heart condition, while about 5,270,000 are hypertensive without a heart condition.

* * *

High blood pressure occurs more frequently among rural than among city dwellers. The disorder afflicted 118 persons for every 1,000 rural residents; only 66 for every 1,000 city dwellers.

* * *

Of all age groups, more women than men have high blood pressure. "Studies show, however, that women are less vulnerable to the damaging effects of high blood pressure", *Patterns* says.

* * *

Some amount of tissue damage, usually to kidneys, heart or brain, is inevitable in all forms of high blood pressure. The most common minor impairment associated with high blood pressure appears to be overweight.

* * *

Among causes of death of persons with high blood pressure, coronary artery disease ranked highest, accounting for 57.5% of the 120 deaths in a group of 2,510 male patients studied. These persons were 20 years of age or over, with minimum blood pressure of 136/88. Other causes of death were cerebrovascular lesions, accounting for 10.9%; malignant neoplasms, 9.0%; accidental death, 4.2%; malignant hypertension, 3.3%; suicide, 2.6%; other, 12.5%.

Patterns of Disease,
Parke Davis

HIGHLIGHTS OF COUNCIL MEETING

The May meeting of the Council of the M.M.S. was called to order by the President, Dr. Carl Bearse, on Monday, May 22, 1961 at 2:00 P. M. This was a new departure in an effort to expedite the work of the Council and still meet on the day preceding the annual meeting of the Society.

Mrs. Hines, State President of the Woman's Auxiliary, presented the annual report showing a membership of 2516, and listing the work done this year. Also introduced was Dr. Daniel Hebert of Provincetown, the General Practitioner of the year.

Obituaries of Dr. Wm. A. R. Chapin and Dr. Thomas Lanman were then read, and Council stood for a moment in silent tribute.

Informational reports passed through swiftly. The budget was accepted. It was pointed out that the New England Journal of Medicine had now reached a circulation of over 70,000. The report of the Committee on Nominations was accepted. Dr. Urban Eversole of Boston was elected President-elect and Dr. Joseph Lundy of Worcester Vice-president.

$25,000 was voted to the Hall of Man of the Boston Museum of Science, such to be spread over a period of 5 years.

The new Publicity Guide of the Society was accepted. It will be in the hands of the members soon.

The Committee on Tax supported medical care recommended that services rendered patients and paid for out of tax funds be fully compensated at Blue Shield B Plan rates. There was much discussion but it finally passed. A sum of money was set aside for an assistant to the Director of Public Relations and for more stenographic help in this department.

The Council approved the reinstatement of two former members on recommendation of the Membership Committee. It rejected the resolution of Hampden District that Alternates be provided for the Public Relations and Legislative Councilors.

The pension of the Director of Public Relations was increased from $200 to $250 monthly.

The Council voted to endorse the request of the Commissioner of Mental Health for higher salaries for psychiatrists in State Hospitals. It also voted to recommend the policy offered by the Paul Revere Insurance Company to the membership.

After a supper recess the Council reconvened at 7:00 P.M. to hear the report of the Committee on Pooled Funds. The Committee requested $3,250 to carry on its work until December, 1961. Upon question it was found that the money was to go to the present chairman of the Committee, Dr. Lund. There was very considerable debate on this issue. The committee was criticized by several members for over-stepping its bounds and taking on itself the function of

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other committees. However, it was arranged that Dr. Dame would take over the chairmanship, and that the committee would continue for the rest of the year.

Under suspension of rules, a request for a committee to study the relations between optometry and medicine was approved.

A resolution that the rise in Blue Shield fees promised since 1957 be implemented at this time was discussed and approved.

Resolutions from Essex South that the American Medical Association solicit the support of all National organizations interested in preserving free enterprise, and to combat vigorously the socialistic trend emanating from Washington was approved.

A resolution that the Council endorse the principle that all resident active fellows shall also maintain membership in the American Medical Society was passed.

The meeting adjourned at 11:00 P. M.

Miller

DOCTORS INVITED TO SUBMIT PAPERS FOR A.M.A. MEETING

CHICAGO—The Council on Scientific Assembly invites physicians to submit titles and brief abstracts of scientific papers they wish to deliver at the 1962 annual meeting of the American Medical Association, which will be held in Chicago, June 11-15. The deadline is October 15.

The A.M.A. meeting in '62 will be held in Chicago's $35,000,000 exposition center on Lake Michigan, which has 300,000 square feet of exhibit space alone.

Physicians who wish to participate in the Chicago scientific program and desire information are invited to write to Dr. Charles Bramlitt, Secretary, Council on Scientific Assembly, American Medical Association, 535 North Dearborn Street, Chicago 10, Illinois, or to any council member.

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H.D.A.M.A.

The above abbreviations stand for the Hampden District Association of Medical Assistants. This organization, which is a component of the Massachusetts Association of Medical Assistants, is the only one of its kind to have the support of the A.M.A. and the M.M.S. Physicians are urged to encourage their nurses and secretaries to become members of this organization.

Although only one year old the H. D.A.M.A. counts more than 50 members. During the past few months it has been invited by the American Heart Association, The Springfield Chapter of the Academy of General Practice and the Woman's Auxiliary to the Hampden District Medical Society to attend some of their programs. A number of university extension courses for the improvement of its membership is being planned. A good turnout is expected at the Annual meeting of the State Society to be held in September at the Statler Hilton Hotel, Boston. Miss Emily Cichonski, President of the H.D.A.M A. was appointed recently a vice-president of the state society to fill the unexpired term of the incumbent vice-president.

Information concerning the H.D.A. M.A. can be obtained by contacting Miss Emily Cichonski, 680 Westfield Street, West Springfield.

RESERVISTS EXEMPT FROM DOCTOR DRAFT

The Department of Army will exempt members of active Reserve units who meet satisfactory participation requirements, from being drafted for two years active duty.

In Army Regulations No. 135-14 dated October 1960, this is spelled out in detail. Doctors and dentists who are members of active reserve units and attend the meetings and the two weeks active duty each summer will be exempted from the draft. There are five exemptions to this:

1. In emergency conditions, where requirements of the Active Army cannot be satisfied from reserve officers in control groups.
2. If the officer fails to meet the satisfactory participation requirements of attending drills.
3. If the officer has been or is deferred under the Berry Plan and the Active Army needs his particular specialty at the time he ends his residency and deferment.
4. If the officer is subject to active duty as a result of completing the advanced course ROTC.
5. If the officer is commissioned after being ordered to active duty.

Doctors and dentists who are liable for involuntary active duty may avail themselves of this opportunity by applying to a reserve or national guard hospital unit with a position vacancy. If accepted they will be commissioned and assigned to the unit.

Upon reaching age 35 these officers may resign their commission without incurring further obligation.

In view of the proposed doctor draft in June 1961, the above information is being brought to the attention of draft eligible doctors.

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Kerr-Mills Status . . . Thus far, 8 Medical Assistance for the Aged programs have been enacted under the Kerr-Mills program (PL 87-778) . . . They are in Massachusetts, Michigan, Oklahoma, Washington, West Virginia, Kentucky, Puerto Rico, and the Virgin Islands . . . Of these, the Massachusetts, Michigan, Virgin Islands, and West Virginia plans have been approved by HEW . . . Maryland and New Mexico have submitted plans, but their programs are not operating . . . Virginia has not submitted a plan, but believes it can proceed without new legislation . . . Twelve states have legislation in process, either to authorize the program or to provide appropriations . . . Eighteen other states are considering possible legislative action.

ACADEMY

Annual Meeting

The following members of the Springfield Academy of Medicine were elected to office at the annual meeting on May 9, 1961.

President — Frank E. Hurley, M. D.
President-elect — Paul Nathan, M. D.
Vice-president — William B. Coen, M. D.
Secretary — Emanuel Wiedman. M. D.
Treasurer — Carroll Bryant, M. D.

Board of Directors

Azel P. Barney, M. D. and Robert D. O'Malley, M. D., 1962

Wayne C. Barnes, M. D. and George A. Vassos, Jr., M. D., 1963

Bruce B. Alicandri, M. D. and Robert F. Cahill, M. D., 1964

Donald R. Hayes, M. D. and Warren D. Platt, M. D., 1965

Howard P. Kennedy, M. D. and James D. Fisher, M. D., 1966

Board of Censors

Bronislaus A. Galuszka, M. D., Chairman
Bernard N. Gilchriest, M. D., Secretary
Leroy J. Kendrew, M. D.
Raymond Gelfman, M. D.
Samuel R. Potsubay, M. D.

* * *

$500 to Chapin Fund

The late Dr. William A. R. Chapin rendered many noble services to the Springfield Academy of Medicine during his lifetime. He was a past president; he wrote the history of the Academy on the occasion of its fiftieth anniversary in 1957; he donated many books to the Academy Library; he served on numerous committees and he initiated the Medical Museum project at the Academy.

In commemoration of these many dedicated services the Academy at its last meeting voted to contribute $500. to the W.A.R. Chapin Memorial Fund. All contributions to this fund will go towards furnishing the Springfield Municipal Hospital's Auditorium, which henceforth will bear Dr. Chapin's name.

All persons wishing to contribute to this fund may do so by sending checks payable to the Springfield Municipal Hospital Memorial Fund, c/o the Valley Bank and Trust Company, 1351 Main Street, Springfield, Mass., Attention of Mr. Hofman.

* * *

Speaker: September 12, 1961

Louis M. Hurxthal, M. D.
Lahey Clinic
Subject: Adrenal Diseases

* * *

Academy Library

Dr. Bagg Donates Books on Hippocrates

The Library of the Springfield Academy of Medicine was enriched recently by four books on Hippocrates, donated by Dr. Edward P. Bagg of Holyoke. The books are as follows:

Peterson: Hippocratic Wisdom
Chadwick and Mann: The Medical Works of Hippocrates
Major: Hippocrates and the Isle of Cos
Penfield: The Torch (Biographical novel based on the life of Hippocrates)

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Mr. David W. Gibbons of the Sandoz Pharmaceutical Company donated the following books to the Library:

Sandoz Atlas of Haematology

Graham: Treatment of Migraine

* * *

Other books recently acquired by the Library are:

Arbeit, Rubin & *Gross*: Differential Diagnosis of the Electrocardiogram

Davis: Christopher's Textbook of Surgery

Ford: Diseases of the Nervous System in Infancy, Childhood & Adolescence—4th Ed

Page & *Culver*: Ham's Syllabus of Laboratory Examinations of Clinical Diagnosis

Heron: Clinical Applications of Suggestion & Hypnosis—3rd Ed.

Massie: Clinical Vectorcardiography & Electrocardiography

Wilkins: The Diagnosis and Treatment of Endocrine Disorders in Childhood and Adolescence

Wohlberg: Medical Hypnosis—Principles of Hypnotherapy Vol. I

Wohlberg: Medical Hypnosis—Practice of Hypnotherapy Vol. II

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DR. MACE RETIRES

Dr. Roswell G. Mace retired recently after 40 years of practice in the city of Springfield.

After graduating from Tufts Medical School in 1920, Dr. Mace interned at the Springfield Hospital. He did postgraduate work in surgery at the University of Pennsylvania. He has been a member of the Hampden District Medical Society since 1920, serving on a number of committees. He is a past president of the Springfield Academy of Medicine and of the Springfield Hospital Medical Staff. He has served also as Chief of Surgery of that hospital. He was visiting surgeon at the Shriners' Hospital. He is a fellow of the American College of Surgeons.

In 1942, Dr. Mace enlisted in the United States Army as a Captain of the Medical Corps. He served for 3 years and was discharged with the rank of major in 1946.

Dr. and Mrs. Mace plan to retire to a farm in Jacksonville, Vermont.

MAIMONIDES CLUB SPONSORS MEMORIAL LECTURE

The eighth Annual Memorial Lecture sponsored by the Maimonides Medical Club was held at Vincent's Steak House on May 31, 1961, with members and their wives attending. This dinner and lecture have been held annually in May since 1954 in memory of deceased members.

Dr. Peter Rogatz, Associate Director of Montefiore Hospital, New York, spoke on "The Changing Role of Government in Medicine". His talk provoked a good deal of discussion on the role of government in the care of the sick.

Tillman

FREE PENICILLIN FOR THE NEEDY

In accordance with Chapter 678 of the Acts of 1960, the Mass. Department of Public Health has established a plan for prophylactic purposes for patients recovering from rheumatic fever, if they are unable to pay for it.

Under this program, a maximum of two buffered potassium penicillin-G tablets of 200,000 units per day will be made available and will be provided in accordance with the physician's prescription. It is the responsibility of the local board of health to determine whether a patient is financially eligible.

Application forms may be secured from the Division of Maternal and Child Health Services, 88 Broad St., Boston. Physicians and patients will obtain this form from the local board of health for financial approval. If this approval is given, the board will forward the application to the Division of Maternal and Child Health Services, which will then send a pad of four prescription forms to the physician. Each prescription will cover a three months' supply of penicillin tablets. The patient's name and identification number will appear on these forms. The physician will give the patient one prescription, which is to be forwarded to the Division by either of them. The Division will send the penicillin directly to the physician, so that he may properly label the bottle before giving it to the specified patient. The patient will be instructed to return to the physician two weeks before his supply is expected to run out, so that a new prescription may be given him.

Ayres

FORE!

Wesson Memorial Golf Tournament

At the annual Golf Tournament of the Wesson Memorial Hospital, held on May 17 at the Longmeadow Country Club, the following were the winners:

Low Gross. Cavers Memorial Trophy
Dr. Joseph R. Stirlacci

Low Net: Walter Gunn Silver Tra
Dr. Kenneth McEwen

Salk Use Urged

The Public Health Service said oral polio vaccine probably won't be available for widespread use until after the polio season of next year and urged wider use of Salk vaccine in the meantime.

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1. The Composition of Milks, Publication 254, National Academy of Sciences and National Research Council, Revised 1953. 2. Brown, G.W.; Tuholski, J.M.; Sauer, L.W.; Minsk, L.D., and Rosenstern, I.: J. Pediat. *56*:391 (Mar.) 1960.

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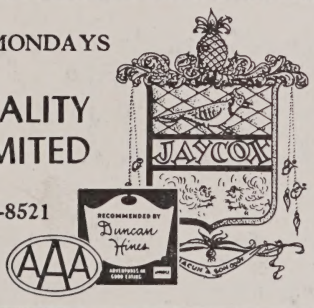

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